



Diversified Health and Wellness Solutions

Landec Announces Special Conference Call Regarding Acquisition of Yucatan Foods Scheduled for Today Monday December 3, 2018 at Noon Eastern Time

December 3, 2018

SANTA CLARA, Calif., Dec. 03, 2018 (GLOBE NEWSWIRE) -- Landec Corporation (Nasdaq: LNDC), a leading innovator of diversified health and wellness solutions with two operating businesses, Landec Natural Foods (LNF) and Lifecore Biomedical, has scheduled a Special Conference Call regarding the acquisition of Yucatan Foods which was announced today in a separate press release. The Special Conference Call will be held today Monday December 3, 2018 at Noon Eastern Time (9:00 AM Pacific Time). The teleconference and webcast are open to interested parties. Please log in 5-10 minutes prior to the beginning of the call.

Landec's President and CEO, Molly A. Hemmeter, will host the Special Conference Call with Gregory S. Skinner, Vice President and CFO. A question and answer period will follow the presentation.

Date: Monday December 3, 2018

Time: 9 a.m. Pacific Time (Noon Eastern Time)

Toll Free Participant Dial-in Number: (844) 860-6243

U.S. and International Toll Number: (661) 378-9884

Conference ID: 1797696

Webcast: <http://ir.Landec.com/events.cfm>

The webcast will be available for 30 days through January 2, 2019.

A replay of the teleconference will be available for one week until midnight Eastern Time on Monday December 10, 2018.

Toll free replay dial in: (855) 859-2056

International replay: (404) 537-3406

Replay passcode: 1797696

About Landec Corporation

Landec Corporation (Nasdaq: LNDC) is a leading innovator of diversified health and wellness solutions within the packaged natural food and CDMO markets. Lifecore Biomedical is a fully integrated CDMO that offers expertise and capabilities in fermentation, specialty formulation, aseptic filling and final packaging for FDA regulated medical devices and drugs to customers for applications in a wide array of markets including Ophthalmic, Orthopedic and Oncology. Landec's Natural Foods business sells products with 100% clean ingredients and includes Eat Smart[®], O Olive Oil & Vinegar[®] (O), and Now Planting[®] brands, with a refrigerated supply chain that ensures fresh food delivery. Eat Smart is a leader in packaged fresh vegetables in North America, utilizing its proprietary BreatheWay[®] packaging technology to naturally extend the shelf life of fresh produce. O offers organic and natural olive oils and vinegars with real ingredients sourced from California growers. Now Planting is the Company's recently launched brand focused on delivering pure-plant meal solutions to plant-forward consumers, with an initial offering of pure-plant soups. For more information about the company, visit Landec's website at www.landec.com.

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Source: Landec Corporation