



Diversified Health and Wellness Solutions

Landec Corporation to Present at the 21st Annual ICR Conference

January 7, 2019

SANTA CLARA, Calif., Jan. 07, 2019 (GLOBE NEWSWIRE) -- Landec Corporation (Nasdaq: LNDC), a leading innovator of diversified health and wellness solutions within the packaged food and biomaterial markets, announced today that Molly Hemmeter, the Company's President and Chief Executive Officer, and Greg Skinner, Chief Financial Officer, will be presenting at the 21st Annual ICR Conference, to be held January 14-16, 2019, at the Grande Lakes Orlando Resort in Florida.

The Landec investor presentation is scheduled for Monday, January 14, 2019, at 11:30AM ET and can be accessed via webcast and hosted at the "Events & Presentations" section of the Company's investor relations website: ir.landec.com.

About Landec Corporation

Landec Corporation (Nasdaq: LNDC) is a leading innovator of diversified health and wellness solutions with two operating businesses, Landec Natural Foods (LNF) and Lifecore Biomedical, Inc. LNF is focused on innovating and distributing fresh, plant-based foods with 100% clean ingredients through grocery, mass market and foodservice channels. LNF is able to maximize product freshness for consumers throughout North America with its geographically dispersed family of growers, refrigerated supply chain and patented BreatheWay® packaging technology. LNF brands include Eat Smart® fresh packaged salads and vegetables, O Olive Oils & Vinegars®, Now Planting® pure-plant meal solutions and Yucatan® and Cabo Fresh® guacamole and avocado products. Lifecore Biomedical is a fully integrated contract development and manufacturing organization (CDMO) that offers expertise and capabilities in fermentation, specialty formulation, aseptic filling and final packaging for FDA regulated medical devices and drugs to customers for applications in a wide array of markets including Ophthalmic, Orthopedic and Oncology. For more information about the company, visit Landec's website at www.landec.com.

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Source: Landec Corporation