



Diversified Health and Wellness Solutions

Landec Corporation Sets Third Quarter Fiscal Year 2019 Conference Call for April 4, 2019 at 8 a.m. PT and Earnings Release set for April 3, 2019 After Market

March 13, 2019

SANTA CLARA, Calif., March 13, 2019 (GLOBE NEWSWIRE) -- Landec Corporation (Nasdaq: LNDC), a leading innovator of diversified health and wellness solutions with two operating businesses, Curation Foods, Inc. and Lifecore Biomedical, Inc., will hold a conference call on Thursday April 4, 2019 at 8 a.m. Pacific time to discuss its results for the third quarter fiscal year 2019. Financial results will be reported for the 2019 fiscal third quarter ended February 24, 2019 after market close on April 3, 2019.

Landec's President and CEO, Molly A. Hemmeter, will host the Conference Call with Gregory S. Skinner, Vice President and CFO. A question and answer period will follow the presentation.

Date: Thursday April 4, 2019

Time: 8 a.m. Pacific time (11 a.m. Eastern time)

Toll Free Participant Dial-in Number: (844) 860-6243

U.S. and International Toll Number: (661) 378-9884

Conference ID: 2198149

Webcast: <http://ir.Landec.com/events.cfm>

The webcast will be available for 30 days through May 4, 2019.

A replay of the teleconference will be available for one week until midnight Eastern Time on Thursday April 11, 2019.

Toll free replay dial in: (855) 859-2056

International replay: (404) 537-3406

Replay passcode: 2198149

About Landec Corporation

Landec Corporation (Nasdaq: LNDC) is a leading innovator of diversified health and wellness solutions with two operating businesses: Curation Foods, Inc. and Lifecore Biomedical, Inc. Curation Foods is focused on innovating and distributing plant-based foods with 100% clean ingredients to retail, club and foodservice channels throughout North America. Curation Foods is able to maximize product freshness through its geographically dispersed family of growers, refrigerated supply chain and patented BreatheWay® packaging technology. Curation Foods brands include Eat Smart® fresh packaged vegetables and salads, O Olive Oils and Vinegars®, Now Planting® pure-plant meal solutions, and Yucatan® and Cabo Fresh® avocado products. Lifecore Biomedical is a fully integrated contract development and manufacturing organization (CDMO) that offers specialty expertise and capabilities in fermentation, formulation, aseptic filling and final packaging for difficult-to-handle, FDA regulated medical devices and drugs. Lifecore partners with customers in a wide array of markets including Ophthalmic, Orthopedic and Oncology. For more information about the company, visit Landec's website at www.landec.com.

Contact Information:

At the Company:

Gregory S. Skinner

Vice President Finance and CFO

(650) 261-3677

Investor Relations:

John Mills, Partner

(646) 277-1254

John.Mills@ICRINC.com



Source: Landec Corporation