



Diversified Health and Wellness Solutions

Landec Corporation to Participate in Sustainability Panel at the 31st Annual ROTH Conference

March 14, 2019

SANTA CLARA, Calif., March 14, 2019 (GLOBE NEWSWIRE) -- Landec Corporation (NASDAQ: LNDC), a leading innovator of diversified health and wellness solutions with two operating businesses, Curation Foods, Inc. and Lifecore Biomedical, Inc., announced today that Molly Hemmeter, the Company's President and Chief Executive Officer, will be presenting at the 31st Annual ROTH Conference, to be held March 17-19, 2019, at The Ritz-Carlton Laguna Niguel in California.

Ms. Hemmeter will be participating in a panel discussion titled, *Sustainability: How to Uncover Key Efforts & Initiatives which Drive Outperformance*. The panel is scheduled for Monday, March 18, 2019, at 9:30 am PT. Ms. Hemmeter will also be available for one-on-one meetings with investors; interested parties should contact their ROTH sales representative to make arrangements.

About Landec Corporation

Landec Corporation (Nasdaq: LNDC) is a leading innovator of diversified health and wellness solutions with two operating businesses: Curation Foods, Inc. and Lifecore Biomedical, Inc. Curation Foods is focused on innovating and distributing plant-based foods with 100% clean ingredients to retail, club and foodservice channels throughout North America. Curation Foods is able to maximize product freshness through its geographically dispersed family of growers, refrigerated supply chain and patented BreatheWay[®] packaging technology. Curation Foods brands include Eat Smart[®] fresh packaged vegetables and salads, O Olive Oils and Vinegars[®], Now Planting[®] pure-plant meal solutions, and Yucatan[®] and Cabo Fresh[®] avocado products. Lifecore Biomedical is a fully integrated contract development and manufacturing organization (CDMO) that offers specialty expertise and capabilities in fermentation, formulation, aseptic filling and final packaging for difficult-to-handle, FDA regulated medical devices and drugs. Lifecore partners with customers in a wide array of markets including Ophthalmic, Orthopedic and Oncology. For more information about the company, visit Landec's website at www.landec.com.

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Source: Landec Corporation