FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Burgess Timothy P					2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [LNDC]								neck all appli Directo	10% C (give title Other		10% Ow Other (s	ner	
(Last) (First) (Middle) C/O LANDEC CORPORATION					3. Date of Earliest Transaction (Month/Day/Year) 07/23/2020								Senior VP of Supply Chain					
5201 GREAT AMERICA PKWY SUITE 232					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable					
(Street) SANTA CLARA CA 95054													Line) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City) (State) (Zip)													Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) 2. Transaction 3. Transaction 4. Securities Acquired (A) or 5. Amount of 6. Ownership 7. Nature																		
Date					h/Day/Year) i		2A. Deemed Execution Date, if any (Month/Day/Yea		tion nstr.		ties Acquired (A) or I Of (D) (Instr. 3, 4 a		Benefici	es ally Following	6. Owne Form: D (D) or In (I) (Instr	oirect of direct I	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amount	(A) or (D)	Price	Transact (Instr. 3	ion(s)			(111341.4)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year	4. Trans	saction (Instr.	5. Number		6. Date Exercisa Expiration Date (Month/Day/Yea		able and	7. Title and Amour of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y D oi (i)	D. wnership orm: irect (D) r Indirect) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisabl		xpiration ate	Title	Amount or Number of Shares						
Incentive Stock Option (Right to Buy)	\$9.4	07/23/2020		A		28,126		07/23/2023	1 0	7/23/2027	Common Stock	28,126	\$0	28,126		D		
Non- Qualified Stock Option (Right to Buy)	\$9.4	07/23/2020		A		6,874		07/23/2023	1 0	7/23/2027	Common Stock	6,874	\$0	6,874		D		

Explanation of Responses:

Remarks:

/s/Shelley A Hilt

07/27/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.