FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

Check this box if no longer subject to	STATEMENT
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	Filed pu

OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Bolles Albert D.						2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [LNDC]									Check	all app	olicable)	Person(s) to Issuer 10% Owner Other (specify	
		rst) (PORATION RICA PARKWA	Middle)	TF 232		3. Date of Earliest Transaction (Month/Day/Year) 11/05/2019									X	belov	v) ``	belo utive Office	w)
(Street)	CLARA CA	A 9	95054 Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					Execution Date,		Date,	3. Transaction Code (Instr. 8) 4. Securities Joseph Of (es Acquired (A) or Of (D) (Instr. 3, 4 a			and 5) Secur Benef Owne		cially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) or (D) Pric		Price		Reported Transaction(s) (Instr. 3 and 4)			(111501.4)
Common Stock 11/05/2					2019	019		P		3,800	800 A \$1		\$1 <mark>0.6</mark>	69 ⁽¹⁾ 25,302		5,302	D		
Common Stock 11/06/2				2019	2019		P		850	A \$10		\$1 <mark>0.9</mark>	91 ⁽²⁾ 26,152		6,152	D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	Derivative Security Price of Derivative Security Instr. 3) Date (Month/Day/Year) (Month/Day/Year) Execution Date, if any (Month/Day/Year) (Month/Day/Year) 8		4. Transa Code (1 8)	Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Date Fyercisable Date		Amount of Securities Underlying Derivative Security (Instr. and 4)		ount mber	nt er		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownershi Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)				

Explanation of Responses:

- 1. The price reported in Column 4 is a weighted average price. The shares were purchased in multiple transactions at prices ranging from \$10.40 to \$10.73, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares purchased at each separate price within the range.
- 2. The price reported in Column 4 is a weighted average price. The shares were purchased in multiple transactions at prices ranging from \$10.90 to \$10.92, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares purchased at each separate price within the range.

Remarks:

/s/ Rebecca J Hilt

11/06/2019

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.