



March 9, 2010

Landec Corporation Schedules Third Quarter Fiscal Year 2010 Earnings Release for March 30, 2010 and Conference Call for March 31, 2010

MENLO PARK, Calif., Mar 09, 2010 (BUSINESS WIRE) -- Landec Corporation (Nasdaq:LNDC) announced today that it will report financial results for fiscal year 2010 third quarter ended February 28, 2010, after market close on Tuesday, March 30, 2010.

The news release will be followed the next morning, Wednesday, March 31, 2010, by a teleconference and webcast open to all interested parties at 8:00 a.m., Pacific Time. The teleconference can be accessed by calling 866-802-4322 or 703-639-1319. Please log in 5 - 10 minutes prior to the beginning of the call.

This call is being webcast by Thomson/CCBN and can be accessed at Landec's web site at www.Landec.com on the Investor Relations page. The webcast will be available for 30 days through April 30, 2010. A replay of the teleconference will be available for one week until midnight Eastern Time, Wednesday, April 7, 2010, by calling 888-266-2081 or 703-925-2533. The access code for the replay is 1441598.

For further information, please call Greg Skinner 650-261-3677.

The webcast is also being distributed over Thomson/CCBN's Investor Distribution Network to both institutional and individual investors. Individual investors can listen to the call through Thomson's individual investor center at www.fulldisclosure.com or by visiting any of the investor sites in Thomson's Individual Investor Network such as America Online's Personal Finance Channel, Fidelity Investments® (Fidelity.com) and others. Institutional investors can access the call via Thomson's password protected event management site, StreetEvents (www.streetevents.com). StreetEvents allows institutional investors to identify, organize, and track the hundreds of conference calls that occur each day during earnings season, to download events of interest to their Outlook calendar, and to RSVP to events online.

Landec is a materials science company that designs, develops, manufactures and sells temperature-activated and other specialty polymer products for a variety of food, agricultural and licensed partner applications. Landec's core polymer products are based on its patented proprietary Intelimer® polymers which differ from other polymers in that they can be customized to abruptly change their physical characteristics when heated or cooled through a pre-set temperature switch. These proprietary polymers are tailored for specific changes at specific temperatures, enabling unique and differentiating product advantages for targeted growth market applications. For more information visit Landec's website at www.landec.com.

SOURCE: Landec Corporation

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