FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL								
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Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  GOLDBY STEVEN D					2. Issuer Name and Ticker or Trading Symbol  LANDEC CORP \CA\ [ LNDC ]								Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director 10% Owner						
(Last)	(Firs	,	iddle)		3. Date of Earliest Transaction (Month/Day/Year) 02/23/2018									C		er (give title		Other ( below)	
C/O LANDEC CORPORATION 5201 GREAT AMERICA PARKWAY, SUITE 232					4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) SANTA CLARA CA 95054														F	Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(Sta	te) (Zi	p)																
		Table	1 - N	lon-Deriva	ative S	ecu	ritie	es Acc	quired, [	Disp	osed o	f, or Be	neficia	ally Ov	vne	d			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)					/Year) i	Execuif any	A. Deemed Execution Date, f any Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired Disposed Of (D) (Instr. and 5)			3, 4 Securit Benefit Owned		ies :ially	Forn (D) o Indir	n: Direct or rect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
							Code	v	Amount	(A) (D)	Price	Re Tr	Following Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		(111501.4)		
Common Stock				02/23/2018				M		5,000	) A	\$5.	77	44,373		D			
Common Stock				02/23/2	018			F		2,169	9 D	\$13	\$13.3 42		2,204		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	eemed tion Date, h/Day/Year)	4. Transac Code (Ir 8)	Instr. of Do Se Ac (A Di of		nber ivative urities juired or posed D) itr. 3,	6. Date Exc Expiration (Month/Da	Date	9	7. Title a Amount Securitie Underlyi Derivativ Security and 4)	of s ng e	of Deriva Secur	. Price f lerivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction( (Instr. 4)	у	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
					Code	v	(A)	(D)	Date Exercisabl		xpiration ate	Title	Amoun or Number of Shares	1					
Nonstatutory Stock Option (Right to Buy)	\$5.77	02/23/2018			M			5,000	05/24/2011	0:	5/23/2018	Common Stock	5,000	\$0		5,000		D	

Explanation of Responses:

/s/ Rebecca J Hilt 02/27/2018

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $<sup>^{\</sup>star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).