| SEC Form 4 |  |
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## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

| Check this box if no longer subject to |
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| Section 16. Form 4 or Form 5           |
| obligations may continue. See          |
| Instruction 1(b).                      |

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

### OMB APPROVAL OMB Number: 3235-0287

| Estimated average burden |                              |     |  |  |  |  |  |
|--------------------------|------------------------------|-----|--|--|--|--|--|
|                          | hours per response:          | 0.5 |  |  |  |  |  |
| -                        |                              |     |  |  |  |  |  |
| Relationship of R        | eporting Person(s) to Issuer |     |  |  |  |  |  |

| 1. Name and Address of Reporting Person <sup>*</sup><br>Bolles Albert D. |         |       | 2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [ LNDC ] | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) |                                   |                       |  |  |  |
|--|---------|-------|---|---|-----------------------------------|-----------------------|--|--|--|
|  |         |       |   | X   | Director                          | 10% Owner             |  |  |  |
| (Last) (First) (Middle)<br>C/O LANDEC CORPORATION                        |         |       | 3. Date of Earliest Transaction (Month/Day/Year)<br>05/30/2018        |   | Officer (give title below)        | Other (specify below) |  |  |  |
| 5201 GREAT AMERICA PARKWAY, SUITE 232                                    |         |       | 4. If Amendment, Date of Original Filed (Month/Day/Year)              | 6. Indiv<br>Line)   | (Check Applicable                 |                       |  |  |  |
| (Street)   |         | 05054 |   | X   | Form filed by One Repo            | orting Person         |  |  |  |
| SANTA CLARA  | . CA    | 95054 |   |   | Form filed by More than<br>Person | One Reporting         |  |  |  |
| (City)   | (State) | (Zip) |   |   |                                   |                       |  |  |  |

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) |      |   | 4. Securities Acquired (A) or<br>Disposed Of (D) (Instr. 3, 4 and<br>5) |               |       | 5. Amount of<br>Securities<br>Beneficially<br>Owned Following | (D) or Indirect | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership |
|---------------------------------|--|---|------|---|---|---------------|-------|---|-----------------|---|
|                                 |  |   | Code | v | Amount  | (A) or<br>(D) | Price | Reported<br>Transaction(s)<br>(Instr. 3 and 4)                |                 | (Instr. 4)  |

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)  | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transa<br>Code (<br>8) |   | of    |     | 6. Date Exerc<br>Expiration Da<br>(Month/Day/Y | te                 | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative Security<br>(Instr. 3 and 4) |  | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|--|---|--|---|------------------------------|---|-------|-----|--|--------------------|--|--|---|--|--|--|
|  |   |  |   | Code                         | v | (A)   | (D) | Date<br>Exercisable                            | Expiration<br>Date | Title  | Amount<br>or<br>Number<br>of<br>Shares |   |  |  |  |
| Right to<br>Buy<br>Restricted<br>Stock Unit<br>(RSU) | (1)   | 05/30/2018                                 |   | М                            |   | 4,240 |     | 05/30/2019                                     | (2)                | Common<br>Stock  | 4,240                                  | (1)   | 4,240  | D  |  |

Explanation of Responses:

1. The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis.

2. Restricted Stock Units will vest on the 1st anniversary of the grant date and will be automatically settled in shares of common stock.

# /s/ Eric Kong

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

06/01/2018

Date