FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549	
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STATEMENT	OF	CHANGES	IN BEN	NEFICIAL	OWNERS	HIP
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OMB APPROVAL										
OMB Number: 3235-02										
Estimated average burden										
hours per response	: 0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* HOUDE LOVAS KATRINA			2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [LNDC]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				uer					
HOUDE LUVAS KAIKINA													X	Directo	or		10% Ov	vner		
	NDEC COR	PORATION	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 06/01/2020									Officer below)	(give title		Other (s below)	specify	
5201 GREAT AMERICA PARKWAY, SUITE 232					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)															,	X Form filed by One Reporting Person				n
SANTA	CLARA CA	? A	95054													Form f Persor		e thar	n One Repo	rting
(City)	(St	ate) ((Zip)																	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transar Date (Month/D.					Execution Date,			Cod	Transaction Disposed Of (D) (Instr. 3, 4				4 and Securitie Benefici		es Formally (D) (Following (I) (I		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Cod	ie V	_	Amount	(A) or (D) Price		се	Transaction(s) (Instr. 3 and 4)				(IIISU. 4)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Date, Georgity or Exercise (Month/Day/Year) if any		1. Fransa Code (I		of Ex		6. Date Exercisable ar Expiration Date (Month/Day/Year)				e and 7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		S (1	. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	sable	Ex Da	epiration ate	Title	Amou or Numb of Share	er					
Right to Buy Restricted Stock Unit (RSU)	(1)	06/01/2020			A		8,303		06/01/2	2021		(2)	Common Stock	8,30)3	(1)	8,303		D	

Explanation of Responses:

- 1. The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis.
- 2. Restricted Stock Units will vest on the 1st anniversary of the grant date and will be automatically settled in shares of common stock.

Remarks:

/s/ Rebecca J Hilt

06/02/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.