FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Bolles Albert D.					2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [LNDC]					(Ch	eck all applic Directo • Officer	,		on(s) to Issuer 10% Owner Other (specify			
	O/O LANDEC CORPORATION					3. Date of Earliest Transaction (Month/Day/Year) 05/27/2020						X below) below) Chief Executive Officer					
5201 GREAT AMERICA PARKWAY, SUITE 232					4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable						
(Street) SANTA CLARA CA 95054										X Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	(S	tate)	(Zip)														
		Tab	le I - Non-E					-	-			ly Owned					
1. Title of Security (Instr. 3) 2. Transa Date (Month/D.			ate	Execution Date,		Code (Ins	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, de (Instr. 5)			Beneficia	es For ially (D) Following (I) (Direct Indirect It. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code V Amount (A) or (D)				Price	Transact	Transaction(s) (Instr. 3 and 4)			msu. 4)			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year	e, Tra	nsaction de (Instr	5. Number n of		6. Date Exer Expiration D (Month/Day/	cisable and	able and 7. Title and An of Securities		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transaction (Instr. 4)	ee Own es Forn ally Direct or In (I) (II diction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Cod	ie V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares						
Non- Qualified Stock Option (Right to Buy)	\$11.2	05/27/2020		A		91,072		05/27/2021	05/27/2027	Common Stock	91,072	\$11.2	91,072		D		
Incentive Stock Option (Right to Buy)	\$11.2	05/27/2020		A		8,928		05/27/2021	05/27/2027	Common Stock	8,928	\$11.2	100,000)	D		

Explanation of Responses:

Remarks:

/s/ Rebecca J Hilt

05/29/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).