SEC Form 4 FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION																	
		Washington, D.C. 20549													OMB APPROVAL		
Section obligation	this box if no lo 16. Form 4 or ions may contir tion 1(b).	STATEMENT OF CHANGES IN BENEFICIAL OWNE Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940											SHIP OMB Nui Estimatei hours per			3235-0287 n 0.5	
1. Name an EDWA			2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>LANDEC CORP \CA\</u> [ LNDC ]								neck all appli X Directo	cable) or	, 10% Ow		vner		
	(Last) (First) (N C/O LANDEC CORPORATION 2811 AIRPORT DRIVE				3. Date of Earliest Transaction (Month/Day/Year) 10/14/2020										Officer below)	give title	specify
2811 AIF	RPORT DR		_ 4.	If Amer	ndment,	Date	of Original Fi	led (Mor	nth/Da		6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) SANTA MARIA CA			93455										X Form filed by One Reporting Person Form filed by More than One Reporting Person				I
(City) (State) (Zip)																	
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
Da				insaction th/Day/Y	'ear) if	2A. Deemed Execution Date if any (Month/Day/Yea		Code (In	ion Dis				Benefici Owned	es ially Following	Form (D) o	m: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership
								Code	/ Am	ount	int (A) or P		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year	Code	action (Instr.			6. Date Exercisable a Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	i Ily	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expirat Date		Title	Amount or Number of Shares					
Restricted Stock Unit	(1)	10/14/2020		A		5,398		10/14/2021	(2)		Common Stock	5,398	(1)	5,398		D	

Explanation of Responses:

1. The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis.

2. Restricted Stock Units will vest on the 1st anniversary of the grant date and will be automatically settled in shares of common stock.

## **Remarks:**

/s/Aaron Perlitsh

10/16/2020 \*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.