FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Hall James G						2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [LNDC]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify				
(Last) (First) (Middle) C/O LANDEC CORPORATION						3. Date of Earliest Transaction (Month/Day/Year) 07/23/2020							X below)		below		
5201 GREAT AMERICA PARKWAY SUITE 232						4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable				
(Street) SANTA CLARA CA 95054						The second of th							Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	City) (State) (Zip)											Peisuii					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3) 2. Transar Date (Month/Da					ear)	2A. Deemed Execution Date, f any Month/Day/Year		Code (Ins	on Dispose	4. Securities Acquired (ADisposed Of (D) (Instr. 3, 5)		Beneficia Owned F	es ally following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
								Code V	Amount	(A) or (D)	Price	Reported Transact (Instr. 3 a	ion(s)		(Instr. 4)		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	ve Conversion Date Execution Da or Exercise (Month/Day/Year) if any			Date,	Code (Inst				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amoun of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Right to Buy Restricted Stock Unit (RSU)	(1)	07/23/2020			A		3,574		07/23/2023	(2)	Common Stock	3,574	\$0	3,574	D		
Non- Qualified Stock Option (Right to Buy)	\$9.4	07/23/2020			A		44,864		07/23/2021	07/23/2027	Common Stock	44,864	\$0	44,864	D		
Incentive Stock Option (Right to	\$9.4	07/23/2020			A		7,636		07/23/2021	07/23/2027	Common Stock	7,636	\$0	7,636	D		

Explanation of Responses:

- 1. The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis.
- 2. Restricted Stock Units will vest on the 3rd anniversary of July 23,2020 and will be automatically settled in shares of common stock.

Remarks:

/s/Shelley A Hilt

07/27/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.