



September 14, 2010

Landec Corporation Schedules First Quarter Fiscal Year 2011 Earnings Release for September 28, 2010 and Conference Call for September 29, 2010

MENLO PARK, Calif., Sep 14, 2010 (BUSINESS WIRE) --

Landec Corporation (Nasdaq:LNDC) announced today that it will report financial results for the fiscal year 2011 first quarter ended August 29, 2010, after market close on Tuesday, September 28, 2010.

The news release will be followed the next morning, Wednesday, September 29, 2010, by a teleconference and webcast open to all interested parties at 8:00 a.m., Pacific Time. The teleconference can be accessed by calling 866-238-1641 or 703-639-1162. Please log in 5 - 10 minutes prior to the beginning of the call.

This call is being webcast by Thomson/CCBN and can be accessed at Landec's web site at www.Landec.com on the Investor Relations page. The webcast will be available for 30 days through October 29, 2010. A replay of the teleconference will be available for one week until midnight Eastern Time, Wednesday, October 6, 2010, by calling 888-266-2081 or 703-925-2533. The access code for the replay is 1483786.

For further information, please call Greg Skinner (650) 261-3677.

The webcast is also being distributed over Thomson/CCBN's Investor Distribution Network to both institutional and individual investors. Individual investors can listen to the call through Thomson's individual investor center at www.fulldisclosure.com or by visiting any of the investor sites in Thomson's Individual Investor Network such as America Online's Personal Finance Channel, Fidelity Investments® (Fidelity.com) and others. Institutional investors can access the call via Thomson's password protected event management site, StreetEvents (www.streetevents.com). StreetEvents allows institutional investors to identify, organize, and track the hundreds of conference calls that occur each day during earnings season, to download events of interest to their Outlook calendar, and to RSVP to events online.

Landec is a materials science company, leveraging its capability in polymer science and bio-application development in order to commercialize new products within a variety of life science fields, including food, agricultural, personal care and medical device applications. With its Intelimer[®] polymers, Landec is able to customize its proprietary polymer materials for each application through the manipulation of their unique controlled release, temperature activation and/or biocompatibility properties. Landec's subsidiary, *Apio Inc.*, has leveraged Landec's BreatheWay[®] membrane to become the leader in US fresh-cut specialty vegetables. *Landec Ag* offers a full solution of seed coatings and enhancements that work with the latest genetic technologies to drive continuous improvements in crop yield. Landec has also commercialized dozens of personal care and adhesive products through its long-standing partner relationships. With its recent acquisition of *Lifecore Biomedical*, Landec is now a leading supplier of premium hyaluronan-based biomaterials for the medical and veterinary markets, as well as the leading supplier to ophthalmology companies. For more information about the Company visit Landec's website at www.landec.com.

SOURCE: Landec Corporation

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