FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT O	F CHANGES	IN BENEFICIAL	OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
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l	hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Hall James G					2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [LNDC]							(Che	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify					
	,	irst)	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 08/05/2022							x	X Officer (give title Other (specify below) Vice President				
(Street)	MARIA C		93455 (Zip)		4.	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Ind Line)						
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a						6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)				
									v	Amount	(A) or (D)	Price	Transacti (Instr. 3 a	on(s)	(s) 4)		msu. 4)	
Common Stock 08/05/2				5/202	2022		Α		10,000	A	\$10.42(1	54,156			D			
Common Stock 08/05/2				5/202	2022		F		3,060	D	\$0	\$0 51,			D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Da	Oate, Transact		action Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
				Cod	Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)			
Restricted Stock Unit	(1)	08/05/2022			M			10,000(2)	08/05/20	022(3)	08/05/2022	Common Stock	10,000	\$10.42	0		D	

Explanation of Responses:

- 1. The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis.
- 2. The restricted stock units were granted on August 5, 2019.
- 3. The restricted stock units vested on August 5, 2022.

Remarks:

/s/Aaron Perlitsh

08/08/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.