FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

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l	OMB APPROVAL										
l	OMB Number:	3235-0287									
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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Barbarosh Craig A.</u>					2. Issuer Name <b>and</b> Ticker or Trading Symbol LANDEC CORP \CA\ [ LNDC ]									ck all applica	,					
(Last) (First) (Middle) C/O LANDEC CORPORATION 2811 AIRPARK DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 10/15/2020									Officer ( below)	give title		Other (s below)	pecify	
(Street) SANTA MARIA CA 93455					4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Ind Line)	Form file	vidual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person					
(City)	ı	State)	(Zip)																	
		Ta	able I - No	n-Deriv	vativ	/e Se	cur	ities A	cquir	red, Di	ispo	sed of,	or Bene	eficially	Owned					
1. Title of Security (Instr. 3)  2. Transa Date (Month/D					Execution Date,		Co	Transaction Disposed Of (D) Code (Instr.		Acquired (A) or (D) (Instr. 3, 4 and 5)		5. Amoun Securities Beneficia Owned Fo	s lly ollowing	Form:	Direct I Indirect I str. 4)	. Nature of ndirect seneficial ownership				
									Co	Code V		mount	(A) or (D) Price		Reported Transaction(s) (Instr. 3 and 4)				Instr. 4)	
Common Stock 10/15/2					/202	2020		1	A		5,501	A	\$10.36(1	0.36 <sup>(1)</sup> 5,5		501		Indirect		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		Derivative		Expir	6. Date Exercisal Expiration Date (Month/Day/Year		Amount of		of G g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Co	ode '	v	(A)	(D)	Date Exerc	cisable	Expi	oiration e	Title	Amount or Number of Shares		(Instr. 4)	ion(s)			
Restricted Stock Unit	(1)	10/15/2020		1	М		5,501(2)		10/15	5/2020 <sup>(3)</sup>	10/1	15/2020 <sup>(3)</sup>	Common	5,501	\$0 0			D		

## Explanation of Responses:

- 1. The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis.
- 2. The restricted stock units were granted on October 15, 2019.
- 3. The restricted stock units vested on October 15, 2020.

## Remarks:

/s/Rebecca J Hilt

10/19/2020

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{*}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.