SEC Form 4	
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### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no	longer subject to
Section 16. Form 4	
obligations may cor	
Instruction 1(b).	lunue. See
instruction $I(D)$ .	

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

# OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

1. Name and Address of Reporting Person*			2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>LANDEC CORP \CA\</u> [ LNDC ]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
PANKOPF TONIA L				X	Director	10% Owner			
,		<i>(</i> <b>)</b> <i>() <i>() () <i>() () () () <i>() () () <i>() () <i>() () <i>() () <i>() () () <i>() () () <i>() () <i>() () () <i>() () () <i>() () () <i>() <i>() () <i>() () <i>() () <i>() () <i>() () <i>() () <i>() <i>() <i>() () <i>() <i>() () <i>() <i>() <i>() () <i>() <i>(,)) (() <i>() <i>() <i>(,)) (() <i>() <i>(,)) (() <i>() <i>(,)) (() <i>(,)) (() <i>(,)) (() <i>(,)) (() <i>(,)) (() <i>(,)) (() <i>(,))</i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i></i>	<ul> <li>3. Date of Earliest Transaction (Month/Day/Year)</li> </ul>	-	Officer (give title below)	Other (specify below)			
(Last)	(First)	(Middle)	05/30/2018		below)	Delow)			
C/O LANI	DEC CORPORATI	ON							
5201 GRE.	5201 GREAT AMERICA PARKWAY, SUITE 232		A If Amondment Date of Original Filed (Month/Dou/Mart)	C India	vidual or Joint/Group Fili	na (Chaoli Appliachla			
p			4. If Amendment, Date of Original Filed (Month/Day/Year)	Line)	vidual of Joint/Group Fill	ing (Check Applicable			
(Street)				X	Form filed by One Re	porting Person			
SANTA CI	LARA CA	95054	_		Form filed by More th Person	an One Reporting			
(City)	(State)	(Zip)							

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code ( 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			Securities Beneficially	Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Right to Buy Restricted Stock Unit (RSU)	(1)	05/30/2018		М		4,240		05/30/2019	(2)	Common Stock	4,240	(1)	4,240	D	

Explanation of Responses:

1. The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis.

2. Restricted Stock Units will vest on the 1st anniversary of the grant date and will be automatically settled in shares of common stock.

# <u>/s/ Eric Kong</u>

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<u>06/01/2018</u>

Date