SEC Form 4 FORM	4 (JNITED STA	TES	S SE					HAN	NGE C	ОММ	ISSION				
					V	Nashi	ngton, D.C. 2	20549						OMB	APPRO	/AL
Section 16. Form 4 or Form 5 obligations may continue. See				TOF CHANGES IN BENEFICIAL OWNE pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940								Estimate		9 Number: 3235-0287 nated average burden s per response: 0.5		n
1. Name and Address of Reporting Person [*] Barbarosh Craig A.				2. Issuer Name and Ticker or Trading Symbol <u>LANDEC CORP \CA\</u> [LNDC]							(Ch	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) (Middle) C/O LANDEC CORPORATION				3. Date of Earliest Transaction (Month/Day/Year) 05/31/2022							Officer (give title Other (specify below)					
2811 AIRPARK DI	RIVE			4. If Amendment, Date of Original Filed (Month/Day/Year)						Line	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
SANTA MARIA (A S	93455											iled by Mo	•	n One Repor	
(City) (S	State)	(Zip)														
	Tab	le I - Non-Deriv	ative	e Sec	uritie	s Ac	quired, D	ispose	ed of	f, or Bei	neficia	ly Owned	k			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				Execution Date			Code (Instr. 5)		ies Acquire Of (D) (Ins	nstr. 3, 4 and Secur Benef Owne		ies Forr ially (D) of Following (I) (I		m: Direct c or Indirect E Instr. 4) C	7. Nature of Indirect Beneficial Ownership	
							Code V	/ Amo	ount	(A) or (D)	Price	Reporte Transac (Instr. 3	tion(s)			Instr. 4)
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative (Instr. 3) 2. Conversion Price of Derivative Security (Instr. 3) 3. Transaction Date (Month/Day/Yea				ransaction of ode (Instr. Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	(A)	(D)	Date Exercisable	Expirat Date			Amount or Number of Shares					
Restricted (1) (1)	05/31/2022		A		9,474		05/31/2023	(2)	(Common Stock	9,474	(1)	9,474	4	Ι	In Trust

Explanation of Responses:

1. The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis.

2. Restricted Stock Units will vest on the 1st anniversary of the grant date and will be automatically settled in shares of common stock.

Remarks:

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** Signature of Reporting Person Date

06/02/2022

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.