SEC For	m 4																	
FORM 4 UNITED S				STATE	TES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549											OMB APPROVAL		
Section 16. Form 4 or Form 5 obligations may continue. See					T OF CHANGES IN BENEFICIAL OWNERS								HIP OMB Number: 3235-0287 Estimated average burden hours per response: 0.5					
1. Name and Address of Reporting Person [*] Kimball Dawn					2. Issuer Name and Ticker or Trading Symbol <u>LANDEC CORP \CA\</u> [LNDC]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) Chief People Officer				vner	
(Last) (First) (Middle) C/O LANDEC CORPORATION 5201 GREAT AMERICA PARKWAY, SUITE 232					3. Date of Earliest Transaction (Month/Day/Year) 07/23/2020													
(Street) SANTA CLARA CA 95054					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	City) (State) (Zip)													Person				
		Tab	ole I - Non-D	Derivat	tive S	ecuritie	s Ac	quired, D	isp	osed o	of, or Bei	neficial	ly Owned					
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				ate	Execution Date			Transaction Dispo Code (Instr. 5)		Disposed	rities Acquired (A) or ed Of (D) (Instr. 3, 4 an		Beneficia Owned F	es ally Following	Form (D) o	n: Direct r Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership	
								Code \	/	Amount	int (A) or P		Reported Transact (Instr. 3 a	tion(s)			(Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Ye	Co	nsactior de (Instr			6. Date Exercisa Expiration Date (Month/Day/Year			e and of Securities Underlying Derivative Sec (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Cod	de V	(A)	(D)	Date Exercisable		xpiration ate	Title	Amount or Number of Shares						
Incentive Stock Option (Right to Buy)	\$9.4	07/23/2020		A		21,580		07/23/2021	07	7/23/2027	Common Stock	21,580	\$0	21,58	0	D		
Non- Qualified Stock Option (Right to Buy)	\$9.4	07/23/2020		А		9,920		07/23/2021	07	7/23/2027	Common Stock	9,920	\$0	9,92()	D		
Explanatio	n of Respons	ses:																

Remarks:

/s/Shelley A Hilt

07/27/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.