FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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## Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					_									_						
Name and Address of Reporting Person*  Purgess Time that P						2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [ LNDC ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
Burgess Timothy P																Direc	tor	10%	Owner	
						2. Data of Farliagt Transaction (Month/Day/Vear)									X	Officer (give title below)		Otho belo	er (specify w)	
(Last) (First) (Middle)							3. Date of Earliest Transaction (Month/Day/Year) 10/31/2019									Se	nior VP of	Supply Cha	in	
C/O LANDEC CORPORATION						10/31/2013												TOPP-5		
5201 GREAT AMERICA PKWY SUITE 232																				
						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable					
(Street)															Line)					
SANTA CLARA CA 95054															X Form filed by One Reporting Person					
															Form filed by More than One Reporting Person					
(City)	(St	ate) (	Zip)																	
		Tabl	le I - Nor	n-Deriv	ative	Se	curitie	s Acc	uired,	Dis	posed o	f, or	r Bene	eficia	ally C	Owne	ed			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da					action	Execution Date,			3.								ount of	6. Ownership	7. Nature	
					Day/Yea					Transaction Disposed Code (Instr. 5)		Of (E	Of (D) (Instr. 3, 4		Benefi Owned			Form: Direct (D) or Indirec	of Indirect Beneficial	
(MOTILE				(,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,			(Month/Day/Year)					٥,					l Following	(I) (Instr. 4)	Ownership	
												(A) or D		Duine	Repor		ed ction(s)		(Instr. 4)	
									Code	V	Amount		(D)	Price		(Instr. 3 and 4)				
Common Stock 10/31/											5,100	)	A	A \$9.74		74 5,100		I	In trust	
		Та	able II - E	Derivat	ive S	ecu	rities	Acqui	ired, Di	ispo	sed of,	or B	Benefi	ciall	y Ow	ned				
			. (	e.g., p	uts, c	alls	, warr	ants,	option	s, c	onvertib	le s	ecurit	ies)						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemo Execution if any (Month/Da	Date,	Date, Transacti Code (Ins				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		str. 3	8. Price o Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)		Date Exercisal		Expiration Date	Title	or Nun of	ount nber res						

Explanation of Responses:

Remarks:

/Rebecca J Hilt

11/01/2019

\*\* Signature of Reporting Person

Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$ 

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.