FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Street)	C/O LANDEC CORPORATION 2811 AIRPARK DRIVE 4. If Amendment, Date of Street) SANTA MARIA CA 93455							P\CA\[LNDC]				(C	S. Relationship of Reporting Person(s) to Issuer (Check all applicable)     Director				vner specify  plicable
Table I - Non-Deriva  1. Title of Security (Instr. 3)  2. Transa Date (Month/D					Execution Date,		3. Transac Code (li 8)	tion	4. Securit	ties Acquire I Of (D) (Inst	ed (A) or tr. 3, 4 an	5. Amount of Securities Beneficially		Form (D) or	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
1. Title of Derivative Conversion Security or Exercise (Month/Day/Year)  (e.g., p			4. Tran	uts, calls, warrants,  5. Number of of Derivative			uired, Disposed of, or Benef, options, convertible securi  6. Date Exercisable and Expiration Date (Month/Day/Year)  7. Title and of Securities Underlying Derivative S (Instr. 3 and		rities) d Amount es g		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Cod	le V	(A)	(D)	Date Exercisabl		expiration pate	Title	Amount or Number of Shares					
Incentive Stock Option (right to buy)	\$12.14	07/27/2021		A		8,237		07/27/2022	2 0	7/27/2028	Common Stock	8,237	\$0	8,237		D	
Non- Qualified Stock Option (right to buy)	\$12.14	07/27/2021		A		91,763		07/27/2022	2 0	7/27/2028	Common Stock	91,763	\$0	91,763	3	D	

Explanation of Responses:

Remarks:

/s/Aaron Perlitsh

07/28/2021

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $<sup>^{\</sup>star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).