FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, | D.C. | 20549 | |
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| OMB APPROVAL | | | | | | | | | |
|--------------------------|-----------|--|--|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | | | |
| Estimated average burden | | | | | | | | | |
| hours per response: | 0.5 | | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* PANKOPF TONIA L | | | | | 2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [LNDC] | | | | | | | | telationship eck all appli X Directo | cable) | Person(s) to Is | |
|---|---|------------|---|--|---|---|--|---|----------------|---|--|---|---|--|--|---------------------------------------|
| (Last) (First) (Middle) C/O LANDEC CORPORATION 2811 AIRPARK DRIVE | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 06/04/2021 | | | | | | | | Officer below) | (give title | Other below) | specify |
| (Street) SANTA MARIA CA 93455 (City) (State) (Zip) | | | 4.1 | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | Line | S. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | |
| . ,, | ` | Tabl | e I - Non-De | rivative | e Sec | curities | s Ac | quired, D | ispos | sed o | of, or Be | neficial | ly Owned | | | |
| 1. Title of Security (Instr. 3) 2. Transa Date | | ansaction | action 2A. Deer Execution Day/Year) if any | | A. Deemed xecution Date, | | 3. 4. Securities Acquired Disposed Of (D) (Instr. 5) | | ed (A) or | 5. Amou Securitie Benefici Owned I | unt of 6. ies Fo (D) Following (I) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership | | | |
| | | | | | | | | Code V | Ar | mount | (A) or (D) | Price | Reporte Transac (Instr. 3 | tion(s) | | (Instr. 4) |
| | | Т | able II - Deri (e.g. | | | | | uired, Dis , options, | | | | | Owned | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | | 3A. Deemed Execution Date, if any (Month/Day/Yea | ate, Transact | | 5. Num of Derivat Securit Acquir (A) or Dispos of (D) (Instr. 5 and 5) | tive ties ed | 6. Date Exercisable and Expiration Date Month/Day/Year) | | and | 7. Title and Amount of Securities Underlying Derivative (Instr. 3 and | f g Security | 8. Price of Derivative Security (Instr. 5) | 9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | Ownership Form: Direct (D) or Indirect (I) (Instr. 4 | Beneficial Ownership (Instr. 4) |
| | | | | Code | ode V | (A) | | Date Exercisable | Expira Date | ration | Title | Amount or Number of Shares | | | | |
| Restricted Stock Unit | (1) | 06/04/2021 | | A | | 7,059 | | 06/04/2022 | (2 | 2) | Common Stock | 7,059 | (1) | 7,059 | D | |

Explanation of Responses:

- 1. The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis.
- 2. Restricted Stock Units will vest on the 1st anniversary of the grant date and will be automatically settled in shares of common stock.

Remarks:

/s/Aaron Perlitsh

06/08/2021

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.