SEC For	m 4															
FORM 4 Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).			UNITED STATES SECURITIES AND EXCHANGE COM Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNE Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940									COMB APPROVAL OMB Number: 3235-0287 Estimated average burden			3235-0287	
	ion 1(b).		F		r Secti	on 30(h) c	of the	Investment C	company Ac	t of 1940	934					
1. Name and Address of Reporting Person [*] Morberg John D					2. Issuer Name and Ticker or Trading Symbol <u>LANDEC CORP \CA\</u> [LNDC]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify				
		PORATION	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 08/11/2022							X Oncer (give the below) below) Chief Financial Officer				
(Street) SANTA MARIA CA			93455	4.	4. If Amendment, Date of Original Filed (Month/Day/Year)					Day/Year)		6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting				
(City)	(S	tate)	(Zip)		Persor								1			
		Tab	ole I - Non-Der	vativ	/e Se	curities	s Ac	quired, Di	isposed	of, or Bei	neficia	lly Owned				
1. Title of Security (Instr. 3)			Date	nsactior n/Day/Y	(ear)	2A. Deemed Execution Date, if any (Month/Day/Yea		ar) 8)			Beneficia	es For ally (D) Following (I) (Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code V	Amoun	t (A) or (D)	Price	Transact (Instr. 3 a		ion(s)		
		-	Table II - Deriv (e.g.,					uired, Dis s, options,				/ Owned				
Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and of Securiti Underlying Derivative (Instr. 3 an	es] Security	Derivative Security	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiratior Date	Title	Amount or Number of Shares					
Incentive Stock Option (Right to Buy)	\$11.31	08/11/2022				409		08/11/2023	08/11/202	Common Stock	409	\$11.31	409	D		
Non- Qualified Stock Option (Right to Buy)	\$11.31	08/11/2022		A		12,591		08/11/2023	08/11/202	Common Stock	12,591	\$11.31	13,000	D		
Restricted Stock Unit	(1)	08/11/2022		Α		13,500		08/11/2025	(2)	Common Stock	13,500	\$11.31	13,500	D		

Explanation of Responses:

1. The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis.

2. Restricted Stock Units will vest on the 3rd anniversary of the grant date and will be automatically settled in shares of common stock.

Remarks:

/s/Aaron Perlitsh

** Signature of Reporting Person

08/15/2022 Date

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.