FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1 Name as	nd Addross :	of Donorting Doroca			2	Issue	r Nam	ne and Tio	cker	or Tradin	a S	vmbol		5. Re	lationship of	Reporting	n Perso	n(s) to Issue	er
Name and Address of Reporting Person* OBUS NELSON					2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [LNDC]								(Che	(Check all applicable)					
ODOS NELSON) X	_			10% Ow	·
(Last) (First) (Middle)						Date of Earliest Transaction (Month/Day/Year)								\neg	Officer (below)	give title		Other (s below)	pecify
C/O LANDEC CORPORATION					10	10/15/2020									ŕ			,	
2811 AIRPARK DRIVE																			
2811 AIRPARK DRIVE				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable					
(Street)														Line)	Eorm file	ed hy One	Renor	ting Person	
. ,	MARIA	CA	93455												_	,		One Reporti	na
															Person	<i>Ja 2</i> ,	o unan	ono report	9
(City)	(State)	(Zip)																
		Ta	able I - No	n-Deriv	vativ	ve S	ecur	rities A	cqu	ıired, C	Dis	posed of,	or Ben	eficially	Owned				
1. Title of	Security (In	str. 3)		2. Transa	action					3. 4. Securities Acquired (A) o									7. Nature of
Date (Month/					Date (Month/Day/Year)		Execution Date, if any (Month/Day/Year		Code (Instr.					s, 4 and 5)		Beneficially		Indirect I	Beneficial
											_				Reported	•	(I) (Ins		Ownership Instr. 4)
									١	Code V		Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				
Common Stock 10/15/2				/2020					A		2,200	A	\$10.36	36,	36,115		D		
			Table II -	Deriva	ative	Sec	curit	ies Acc	quir	red, Di	sp	osed of, o	r Benef	icially (Owned		,		
				(e.g., p	outs	s, cal	lls, v	varrant	s, o	ptions	s, c	convertible	e secur	ities)					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Da if any (Month/Day/	ate, Tra	ansac ode (li		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisa Expiration Date (Month/Day/Yea				7. Title an Amount of Securities Underlyin Derivative (Instr. 3 a	of S g e Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transact	e es ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
														Amount		(Instr. 4)	(0)		
									Date	te.		Expiration		Number					
				Co	ode	V	(A)	(D)		ercisable		Date	Title	Shares					
Restricted Stock Unit	(1)	10/15/2020		1	м	1		2,200 ⁽²⁾		10/15/2020 ⁽³⁾		10/15/2020 ⁽³⁾	Common Stock	2,200	\$0	0		D	

Explanation of Responses:

- 1. The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis.
- 2. The restricted stock units were granted on October 15, 2019.

3. The restricted stock units vested on October 15, 2020.

Remarks:

/s/Rebecca J Hilt

10/19/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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